

Minnesota EMSRB/NREMT Emergency Medical Technician Recertification Requirements

Minnesota EMTs must meet the following requirements in order to renew their Minnesota and/or NREMT certification.

National Content Required: 20 Hours		
	Topics:	Hours
Cardiovascular 6 Hours Required*	Stroke: Assessment (Stroke Scale); Oxygen administration; Time of onset (duration); Transport destination;	1
	Cardiac Arrest & Ventricular Assist Device (VAD)	0.5
	Post Resuscitation Care: Recognition of ROSC; Induced hypothermia; Oxygenation	0.5
	Pediatric: Tachycardia, Irregular pulse, Bradycardia	1
	Pedi Cardiac Arrest: Optimal CPR techniques, AED use, Ventilation/compression ratio, 1 & 2 rescuer CPR	2
Airway, Respiration, Ventilations 4 Hours Required*	Chest Pain & ACS: Medication administration, Oxygen, Nitroglycerin, Transportation Destination, Aspirin (ASA)	1
	Ventilation: Assisted Ventilations, Automatic Transport Ventilator, Respiratory failure vs. distress, Minute Ventilation, Adjuncts, Effect on Cardiac output, Positioning	3
Trauma 2 Hours Required*	Oxygenation	1
	CNS Injury: Concussions	0.5
	Tourniquets	0.5
	Field Triage: Model uniform core criteria (MUCC) Sort, Assess, Lifesaving interventions, Treatment /Transport (SALT) CDC Trauma Triage Decision Scheme	1
Medical 6 Hours Required*	Immunological Diseases: Allergic reaction, Anaphylaxis	1
	Communicable Diseases: Hygiene (hand washing), Vaccines, Influenza, Antibiotic resistant infections, Public health—epidemics, pandemics, reporting, etc. Systematic inflammatory response syndrome (SIRS) vs. Sepsis vs. septic shock, Fluid resuscitation (Oral)	0.5
	Psychiatric Emergencies: Mental Health, Patient Restraints, Agitated Delirium, Depression/Suicide	1.5
	Special Healthcare needs: Tracheostomy care, Dialysis shunts, Feeding tubes, VP shunts, Cognitive issues	1
	OB Emergency: Abnormal presentations, Nuchal cord, Neonatal resuscitation, Routine suctioning of the neonate	1
	Endocrine: Diabetes, Metabolic syndrome, Insulin resistance, DKA/HHNS, Insulin pumps, Glucometers	1
	At-Risk Populations: Pediatric, Geriatric, Economically disadvantaged, Domestic violence, Human trafficking	0.5
Operations 2 Hours Required*	Pediatric Transport	0.5
	Affective Characteristics: Professionalism, Cultural competency, Changing demographics	0.5
	Role of Research in EMS	0.5
Total National Core Content Hours		20

Local Content Required: 10 Hours		
	Topics: Required for NCCP Renewal	
Skill Competencies Required*	REQUIRED Patient Assessment/Management Ventilatory Management Cardiac Arrest Management Hemorrhage Control/Splinting Spinal Immobilization OB/GYN Other: Report Documentation Radio Communication	A total of 10 Hours of specific topics are required, in any combination of hours and topics from this suggested list. *Please Note: Skill Competency Verification is required to be completed with the local training officer.
	Suggested Local Topics Below	
Patient Advocacy	Reporting Obligations Professional Accountability End of Life Decisions Safe Havens	
Protocols	Adult Pediatric STEMI Stroke Trauma MCI	
Disaster Preparedness Laws Regulation	Disaster Preparedness: ICS, Disaster Operations Patient Tracking Local/Entity Disaster Plans Regional/Local Disaster Plans State Disaster Plans Laws/Regulation: Regulatory Requirements Mandatory Reporting Minnesota EMS Related Law Penalties Scope of Practice	
Local / Agency	Topics designated by primary EMS affiliated EMS agency. Note: If not affiliated or a local agency does not specify topics refer to suggested topics.	
Total Local Core Content Hours		10

Individual Content Required: 10 Hours	
Topics:	Hours
To satisfy these requirements, an Individual may select any EMS-related education. Please note that an agency medical director or training officer may require specific individual training courses.	
Total Individual Core Content Hours	10
CPR REFRESHER Minnesota Statute § 144E.28, subd. 7 , requires all EMTs to successfully complete a refresher course in CPR. Please note that CPR refresher hours may be used as local or individual content hours.	
Total EMT Renewal Hours	
Category	Total Hours
National (NCCR)	20
Local (LCCR)	10
Individual (ICCR)	10
Total	40
Guidelines on Distributive Education Distributive Education (DE) is defined as education received when a live, “real time” instructor is not available. The number of DE hours allowed is limited based on the category in which they are obtained. National Content: up to 7 hours of DE is allowed Local Content: up to 7 hours of DE is allowed Individual Content: up to 10 hours of DE is allowed <i>Using DE is optional, however, please be mindful of the hour limits if you choose to use them.</i>	



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*Note: Topics listed in **Local Content Hours** are suggested topics only. EMS agencies can determine specific topics needed to meet the agencies ongoing education/training requirements. Only the skill competency verification is required.